

CHIRPER



DECEMBER 2009

Katydid Square Dance Club Newsletter

Volume 46, No.12

START YOUR WEEKENDS RIGHT ... DANCE WITH THE KATYDIDS ON FRIDAY NIGHT!



CLUB CALENDAR

www.katydid.info

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|---|---|
| <p>Fri., Dec. 04: Campbell United Church of Christ
400 W. Campbell Ave., Campbell
7:00 – 9:30 PM, DBD PLUS WORKSHOP</p> | <p>Fri., Jan. 08: Campbell United Church of Christ
400 W. Campbell Ave., Campbell
7:00 – 9:30 PM, DBD PLUS WORKSHOP
<i>Chirper</i> distributed</p> |
| <p>Fri., Dec. 11: Campbell United Church of Christ
400 W. Campbell Ave., Campbell
7:00 – 9:30 PM, DBD PLUS WORKSHOP</p> | <p>Sun., Jan. 10: Executive Board Meeting
6:30 PM at the Stevens' home</p> |
| <p>Fri., Dec. 18: Campbell United Church of Christ
400 W. Campbell Ave., Campbell
7:00 – 9:30 PM, DBD PLUS WORKSHOP
HOLIDAY PARTY – Potluck at 6:30PM
Bring side dish or salad and a favorite holiday
goody for the snack table to share.
Wear RED and/or GREEN.
FINAL night for donations to the church food
pantry.</p> | <p>Fri., Jan. 15: Campbell United Church of Christ
400 W. Campbell Ave., Campbell
7:00 – 9:30 PM, DBD PLUS WORKSHOP</p> |
| <p>Fri., Dec. 25: **DARK** Merry Christmas!!</p> | <p>Fri., Jan. 22: Campbell United Church of Christ
400 W. Campbell Ave., Campbell
7:00 – 9:30 PM, DBD PLUS WORKSHOP</p> |
| <p>Fri., Jan. 01: **DARK** Happy New Year!!</p> | <p>Fri., Jan. 28: Campbell United Church of Christ
400 W. Campbell Ave., Campbell
7:00 – 9:30 PM, DBD PLUS WORKSHOP</p> |
| | <p>Sat., Feb. 13: SWEETHEART SPECIAL HOEDOWN
Chair sign-ups in December
Worker/food sign-ups in January</p> |

ROCKIN' JOKERS' INVITATION

Since the Katydids will be DARK on Friday December 25th and January 1st, the Rockin' Jokers have invited us to join them on Wednesday, December 23rd and 30th if you would like to burn off a few more calories... <grin> Cambrian United Methodist Church, 1919 Gunston Way, San Jose (Hall & parking lot off Wyrick). 7:30 - 10:00 PM



WINTER BEGINNER'S CLASSES

MONDAYS:

Bows and Beaus
Instructor/Caller: Keith Ferguson
Loyola Elementary School, Los Altos
7:30 - 9:30 PM
Starts: Jan. 18th
Free 1/18 & 1/25; then \$5 per night

TUESDAYS:

CPSD
Camden Community Center
Callers: Various
10:30 - 12:30 PM
Starts: Jan. 16th
Contact: Jackie - 408-723-0315
Free!



CLUB ROSTER CHANGES:

Correction: Bill Matolyak phone #: 296-3466
Add: Mary Howlett, 2277 Sunrise, San José 408-316-6281
Nanci Scharfen, 1882 Limetree Lane, Mountain View, 650-390-9261 n.scharfen@comcast.net



HAPPY BIRTHDAY !

Naomi Grubb Nov. 02
Carol Headman Dec. 27
Skip Stevens Jan. 04

THE PRESIDENT'S CORNER --

Dear Katydids,

November was yet, again, a busy month both for square dancing and for being with our families. Time to get in some floor time to work off all those calories!!

Our November Party Night was extra special with a "pumpkin" theme and goodies galore. Kudos to John and Linda Caywood for the fun decorations. They really made the table special. And, this month we will be having our Holiday Party on Friday, December 18th. It will be a pot luck dinner beginning at 6:30 PM. The Club will provide sliced ham. Please bring a side dish, or salad for the pot luck and perhaps a favorite holiday goodie for the snack table. And, of course, remember to bring your own table service.

Friday, December 18th is also the final night of our drive to collect monetary donations for the Church Food Pantry which serves all members of the community. If you itemize your taxes and you donate with a check, it can be claimed as a charitable donation.

Recently we received a letter from the church asking us to please "remind everyone that ALL styrofoam (including cups), plastic (including cookie containers), aluminum, and glass are recyclable and should be put in the blue recycle cans. Many of you are very good at cleaning up after your meetings, sweeping, mopping, etc. Please remember to do this, as there is no church custodian on staff. If we all pitch in, we will have a nice clean and safe facility to meet. Thank you for your assistance in these matters."

At our last executive board meeting, we discussed some suggestions on what we might do to be a greener club and it was decided that we would encourage everyone to bring their own cups or water bottles so we would use less of the styrofoam cups.

It is time to start planning for our annual club fundraiser, the Sweetheart Special Hoedown occurring on Sat., Feb. 13th. All members are expected to participate. Beginning this month, we need to fill the following "chair" spots. Contact Bob Bennett or myself to volunteer.

- Decorations
Drinks (water & coffee)
Raffle (collection & presentation)
Entrance
Raffle Ticket (sales)
Food/kitchen

Sign-ups for duty and food assignments will begin the first Friday after our holiday break, January 8th. Be sure to start collecting some nice gifts we can use as raffle prizes.

Wishing you and your families a wonderful holiday and perhaps we'll see some of you at the Rockin' Jokers!

See you in a square soon!

Stephanie

SCVSDA JUBILEE OCTOBER 9-10, 2009



Friday, October 16, 2009



Photographs courtesy of John Coywood

MEET OUR NEW KATYDIDS -**Nanci Scharfen**

Nanci is a California native. She was born in Palo Alto, at the old Stanford Hospital, and grew up living in Palo Alto and Los Altos Hills. She attended local schools and nearby colleges.



She is divorced, and has 2 children, a daughter and son, who live nearby. She now lives in Mountain View, and has been there for 15 years.

Nanci worked as a Finance Manager at Syntex - now owned by Roche Pharmaceuticals, in Palo Alto, for 15 years, and then switched over to Information Technology, and has been a System Analyst for the past 15 years, having previously worked at 3Com and HP. Presently she works full-time at Apple, in the iTunes business, doing Software development.

Nance is a volunteer at the local animal shelter for several years, helping exercise and care for animals. She previously owned horses for many years and was very involved in local shows and events as she was growing up - in Western riding and Gymkhana events.

In her spare time, besides Square Dancing, she likes to keep busy with a variety of activities, which include: Running, Bicycling, Hiking, Backpacking, Camping, Swimming, Water/Snow Skiing, Gardening, Sewing/ Making Quilts, and walking her dogs.

She completed a bunch of running events: from 10K runs, 1/2 Marathons, to full Marathons, rode her bike in several century rides, hiked to the Peak of Mount Shasta (14,161 '), climbed Half Dome, backpacked in Yosemite and many other National Parks - did several biking /hiking vacations where you go from point to point, and trips with the Sierra Club and Yosemite Association, so far.

She always wanted to be a contestant on Survivor, and sent in audition tapes/applications several years in a row, but never heard back. Too bad!

This past summer, along with her family, they all went to Alaska, for a deep sea fishing trip, bringing home Salmon and Halibut that they caught, enough to last quite a while.

Nanci is always open to anything new and adventurous.

Her parents square danced in local clubs for over 10 years, until her mother got sick and they had to quit. They would dance at the Jubilee every year, and it was fun to hear about all their dancing experiences. Her father now dances with the Sunnyvale Single Squares (SSS) Club, and one of her sisters dances with her husband with the B&Bs.

Nanci started square dancing 3 1/2 years ago. She is a member of the Sunnyvale Single Squares and Bows and Beaus Square dance clubs. This keeps her hustling most evenings. She enjoys all the camaraderie and good friends she has met - what a great journey! Please welcome Nanci as a new member of the Katydid Square Dance Club.

~~Submitted by Don Gaubatz

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HAPPY ANNIVERSARY ! !

Parker & Sue Willey Dec. 10

From the Kitchen of Pat Angotti --**LEMON PINEAPPLE FLUFF CAKE**

1 pkg. Duncan Hines Pudding Recipe Lemon Cake Mix
 1 can (8 oz.) crushed pineapple (undrained)
 1 1/3 c. water
 1 egg
 1/3 c. oil
 1/4 c. sugar
 2 tsp. vanilla extract

Preheat oven to 350°.
 Pour pineapple with liquid into an ungreased 13x9x2" baking dish and spread evenly.
 Pour dry cake mix on top of the pineapple and spread evenly.
 Combine water, egg, oil, sugar, and vanilla extract in a small bowl.
 Mix 1 minute at medium speed.
 Pour liquid over dry cake mix; do NOT stir together.
 Bake at 350° for 30 – 35 minutes, or until golden brown.

FLU SQUARE DANCE

*Choose your partners, one and all,
Aspirin, Advil, or Tylenol!*

*Forget about slippers, dash down the hall,
Toss your cookies in the shower stall.*

*Now filing those covers with all you've got,
One minute cold, the next minute hot,*

*Remember others on the brink'
Wash your hands, wash the sink.*

*Circle right to the side of the bed,
Grab the tissues and Sudafed.*

*Wipe the doorknob, light switch, too,
By George, you've got it, your doing the Flu!*

*Back to the middle and don't goof off;
Hold your stomach and cough, cough, cough.*

*Some like it cold, some like it hot;
If you like neither, get the shot.*

- -Submitted by Jacqueline Ginzberg, Square Dancer

Know the Difference between the Common Cold and the H1N1 Flu		
SYMPTOM	COLD	H1N1
Fever	Fever is rare with a cold.	Fever is usually present with the flu in up to 80% of all flu cases. A temperature of 100 degrees or higher for 3 to 4 days is associated with the flu.
Coughing	A hacking, productive (mucus-producing) cough is often present with a cold.	A non-productive (non-mucus producing) cough is usually present with the flu (sometimes referred to as a dry cough).
Aches	Slight body aches and pains can be part of a cold.	Severe aches and pains are common with the flu.
Stuffy nose	Stuffy nose is commonly present with a cold and typically resolves spontaneously within a week	Stuffy nose is not commonly present with the flu.
Chills	Chills are uncommon with a cold	60% of people who have the flu experience chills.
Tiredness	Tiredness is fairly mild with a cold.	Tiredness is moderate to severe with the flu.
Sneezing	Sneezing is commonly present with a cold	Sneezing is not common with the flu.
Sudden Symptoms	Cold symptoms tend to develop over a few days	The flu has a rapid onset within 3-6 hours. The flu hits hard and includes sudden symptoms like high fever, aches and pains.
Headache	A headache is fairly uncommon with a cold	A headache is very common with the flu, present in 80% of flu cases.
Sore Throat	Sore throat is commonly present with a cold	Sore throat is not commonly present with the flu.
Chest Discomfort	Chest discomfort is mild to moderate with a cold	Chest discomfort is often severe with the flu.
The only way to stop the spread of the epidemic is to spread the awareness.		

FROM MARY & ROD ---

11/22/09

Hello, friends and family,

Hi, y'all. The first couple of weeks of September we "vacationed" and flew back east to see our girls. The Elks Club in Puyallup, WA, was a great place to leave the RV and convenient to the Seattle/Tacoma airport.



Rod flew to Boston and got to spend a week with Debbie, Phil and grand-daughter Madison. It was the week before Debbie had to start teaching her kindergarten class in Boston, so we had lots of time together. That

included a day of classroom prep, which was a lot of work even with two of us. And I got to do a little babysitting – which was a "win-win" for all of us. We also had a visit for brunch from my cousin Lark and her husband Frank Smith, who also live in Boston. Over the weekend we got in a great beach day at a park just north of the city and celebrated Labor Day with a backyard picnic. Some of the trees were just starting to get some color, so it was a great time to visit.

And, yes, Debbie is expecting another. Grandchild number 2 should arrive in late January!

Mary flew into Binghamton to get ready for her 40th class reunion and daughter Maria's bridal shower. Rod met her there and we had a chance to visit with many of our friends from our days there in Vestal – Renee & Dana Palmer (our very understanding hosts), Sally & Jerry Pullano at their lake house, Tim Wolcott & Joanne Baker. Mary also got to visit with several of her former co-workers and neighbors in Endicott. And we also visited with my Aunt Barbara and Uncle Neil at their Appalachian home. The timing was right to get to the first TSCS Ski Club meeting of the season where we were able to chat with many friends. We also celebrated my birthday and Renee & Dana's anniversary at Kampai. What a busy week!

Mary's Susquehanna Valley HS class reunion was a lot of fun and quite a success. About 70% of the graduates were there, coming from as far away as Florida, North Carolina, New Mexico, and we came in from Seattle. Friday evening was a social gathering with lots of "Hey, look who's here!". Saturday was the football game and then an evening dinner/dance that featured good food and good music, and 'old' friends!



We finished the vacation with a visit in Elmira Heights and Mary's

daughter, Maria. Maria and Patrick are getting married in November and our visit coincided with her wedding shower. She and Mary also got in lots of wedding planning and several tasks that could or needed to be done in advance. Maria and Patrick were great hosts and were holding up to the pressure build-up quite well.

Upon returning to Seattle, we decided to head pretty directly to Fort Worth to see my doctor. My symptoms were classic heart problem and becoming more frequent and stronger. Definitely time to take this serious.



We decided to make the trip in three hops of a couple of long driving days then a couple

days of rest. The first leg got us to Lodi, CA, and our friends in the Ferrero/Meyers families. Velma Ferrero needed some surgery and we got to visit with her beforehand. Jeff & Michele were just beginning the grape harvest at their ranch and we got to spend a morning hand-harvesting grapes and then recuperating with a great vineyard picnic. We also managed to

(Mary & Rod continued on page 6)

(Mary & Rod continued from page 6)

attend a wonderful Lions Club calamari charity dinner – now that Mary has decided she likes calamari (thanks Mexican Connection friends!).



One afternoon we went over to the Lodi Grape Festival - a great event with wine tasting, lots of food, carnival rides, vendors of all kinds and entertainment. One of the highlights were these huge (6' x 12') murals done mostly with grapes and grape parts (stems, seeds, leaves, etc.) with only a small percentage of other harvest products allowed. There were about two dozen of these, prepared by local civic and community groups in a competition. There was some pretty amazing work being done here, as you can see.

Our next leg took us down CA-99 and across just south of Death Valley to Pahrump, NV. It was still plenty hot here and we spent the afternoon driving in temperatures around 105 degrees. While pretty, there was some very desolate stretches on the drive – probably not one of my better navigator decisions.

We arrived at Charleston Peak Winery and RV Resort, a WHR facility, Now that's a fine combination! And to top things off, it was the weekend of their annual "Grape Stomp". I couldn't get Mary to participate but we had fun sampling and cheering on the contestants. It continued to be warm, with temperatures over 100 degrees each day of our stay.

Our last leg took us across Hoover Dam. This is still an amazing engineering feat even after 70 years. We had visited the dam in earlier years while visiting Las Vegas and on our way to Grand Canyon, so we didn't stop for the tour. But we did get to see the on-going construction for the new bridge that will eliminate the need to drop down steeply to the dam level, undergo a security check (and inspections for us RV'ers), and



then a steep climb back up to the plateau. Seeing the supporting arch nearly complete and the road spans reaching out from both sides was pretty impressive! It will provide some great views of the dam and Lake Mead – but you'll have to look fast and only from the westbound lane!

We stayed overnight in Winslow, AZ, at the Elks Lodge. We'll have to return for some sightseeing – it looks like an interesting area. And we stayed in Tijeras, NM, where we visited with Connie & Jim Vanderberg, whom we had just seen two weeks and 5000 miles earlier at the class reunion! And just two days after leaving the 100+ degrees in Pahrump, we woke to 26 degrees in these mountains just east of Albuquerque! Ah— the wonders of this country and the RVing lifestyle. Have a great Thanksgiving – where will you be eating your turkey?

Mary & Rod

marymonti@aol.com • 817-308-5991



It's THAT time of year ...
Remember to use the hand sanitizer located on the snack table in the back of the hall to help keep germs from spreading particularly during the winter months. Of course, if you are ill, or symptomatic, it is best to stay home and we will all be most thankful and wish you a speedy recovery.

Email received from: Sandy Franger
Date: Nov. 9, 2002
Subject: **Friends**

I am thankful ...

For the wife who says it's hot dogs tonight,
because she is home with me, not with someone else.

For the husband who is on the sofa being a couch potato,
because he is home with me and not out at the bars.

For the teenager who is complaining about doing dishes,
because that means she is at home, not on the streets.

For the taxes that I pay,
because it means that I am employed.

For the mess to clean after a party,
because it means that I have been surrounded by friends.

For the clothing that fit a little too snug,
because it means I have enough to eat.

For my shadow that watches me work,
because it means I am out in the sunshine.

For a lawn that needs mowing, windows that need cleaning,
and gutters that need fixing, because it means I have a home.

For all the complaining I hear about the government,
because it means that we have freedom of speech.

For the parking spot I find at the far end of the parking lot,
because it means I am capable of walking, and I have been blessed with transportation.

For my huge heating bill,
because it means I am warm.

For the lady behind me in church that sings off key,
because it means that I can hear.

For the pile of laundry and ironing,
because it means I have clothes to wear.

For weariness and aching muscles at the end of the day,
because it means I have been capable of working hard.

For the alarm that goes off in the early morning hours,
because it means that I am alive.

And, finally ... for too much e-mail,
because it means I have friends who are thinking of me.

Live well, Laugh often and Love with all of your heart.

From the Kitchen of Pat Angotti -- **CHOCOLATE APRICOT CAKE**

Serves 20

Cake:

Vegetable oil spray for misting the pan
1 can (15 oz.) apricot halves, packed in their own juice
1 pkg (18.25 oz.) devil's food cake mix with pudding
3 large eggs
1 tsp. pure almond extract
Martha's Chocolate Icing (recipe follows)

1. Place rack in the center of the oven and preheat the oven to 350°F. Lightly oil a 13x9" pan. Set the pan aside.
2. Drain the apricot halves, reserving the juice. Purée the apricots in a food processor or blender until smooth. Place the apricot purée, reserved juice (3/4 to 1 c.), cake mix, eggs, and almond extract in a large mixing bowl. Blend with an electric mixer on low speed for 30 seconds. Stop the machine and scrape down the sides of the bowl with a rubber spatula. Increase the mixer speed to medium and beat 2 minutes more, scraping the sides down again if needed. The batter should look thick and well combined. Pour the batter into the prepared pan, smoothing it out with the rubber spatula. Place the pan in the oven.
3. Bake the cake until it springs back when lightly pressed with your finger, 38-42 minutes. Remove the pan from the oven and place it on a wire rack to cool for 20 minutes.
4. Meanwhile, prepare Martha's Chocolate Icing (recipe follows).
5. While the frosting is still warm, spread it over the cake in the pan. Let the cake rest for 20 minutes before slicing.

Martha's Chocolate Icing

Makes 1 1/2 cups. Enough to frost a bundt or tube cake, 24 cupcakes, or a 13x9" cake

1 c. granulated sugar
5 T. butter
1/3 c. whole milk
1 c. semisweet chocolate chips

1. Place the sugar, butter, and milk in a medium-size saucepan over medium-high heat. Stir until the mixture comes to a boil, 3 to 4 minutes. Stir stirring, let the mixture boil until the sugar dissolves, 1 minute. Remove the pan from the heat.
2. Stir in the chocolate chips, and continue to stir until the mixture is smooth and the chocolate has melted.
3. Spread the icing over the cooled cake.

*** Store this cake, covered with aluminum foil, at room temperature for 3 days or in the refrigerator for up to 1 week. Or freeze it, wrapped in foil, for up to 6 months.*

FIRST CLASS MAIL

Chirper
Official Newsletter of
Katydid's Square Dance Club
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Chirper

December 2009

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CHIRPER STAFF

The *Chirper* Newsletter is written by, and for, members of the Katydid's Square Dance Club.

Copy **deadline** for the January issue is **Jan. 3, 2010**. You can submit articles to the *Chirper* Editor, Stephanie Stevens at:

s.stevens@fastermac.net

The Katydid's Square Dance Club is co-sponsored by the Cupertino Parks & Recreation Department.